

Southeast Asia Packing Checklist

Use this checklist to gather essential and recreational items to prepare for your upcoming trip. https://thailocaltravel.com

| PRE TRIP | | | | | |
|--|--|--|--|--|--|
| | Passport / Visa (if needed) Vaccinations (if needed) Airline Tickets | | Book Hotels, Tours Currency Phone Plan / VPN / | | |
| SUITCASE CLOTHING (KEEP UNDER 23KG EACH) | | | | | |
| | Pants – Your Choices Shorts – Your Choices Swimwear / Cover Ups Walking Shoes / Flip Flops / Sandals Socks / Underwear T-Shirts / Tank Tops Long Sleeve Shirts Dress / Sundress (women) Maxi Dress (women) Sports Bras (women) | | Hats Hiking Shoes (if needed) Pullovers / Hoodie Sweaters Light Jacket Light Raincoat Pashmina (women) Leggings (women) Scarfs (buy there) | | |
| SUITCASE MISC | | | | | |
| | Electrical Adaptor Sunscreen Extra Pair Headphones Extra Power Pack / Mini Charger Mosquito Repellent Umbrella Take MINIMAL Jewelry USB Cords for Phones / Cameras | | Open Open Open Open Open Open Open Open | | |
| | Open | | Open | | |

| CARRY ON BAG OR BACKPACK | | | | | |
|--------------------------|--|--------|-------------------------------------|--|--|
| \Box | Passport/ Add Copy of Passport | П | Light Jacket or Sweatshirt | | |
| П | Camera Equipment / Go Pro | \Box | Sunglasses | | |
| П | Headphones / Ear Buds | \Box | Extra Shirt | | |
| 同 | Travel Wallet | | Travel Pillow | | |
| | Tablet / Kindle | | Skincare - Travel size | | |
| | MEDICATIONS | | Personal Hygiene items-Travel Size | | |
| | Money / Currency | | Contact Lens / Prescription Glasses | | |
| HYGEINE / TOILETRIES | | | | | |
| | Medication, prescriptions | | Feminine Products | | |
| | Toothbrush / Toothpaste | \Box | Makeup / Wipes | | |
| | Deodorant / Body Spray | | Skin Creams | | |
| | Antibiotic Wipes / Sanitizer | | Birth Control Pills | | |
| | Hair Brush | | Open | | |
| | Eye Care | | Open | | |
| | Scissors, tweezers, nail clippers, razor | | | | |